



Exercise: That's impossible!

Roll your tongue, pat your head whilst rubbing your stomach and lick your own elbow!



Prayer:

Heavenly Father, we embrace Your call for us to make disciples, to be witnesses and to grow leaders. Give us the eyes to see Your vision, ears to hear the prompting of Your Spirit and courage to follow in the footsteps of your Son, our Lord and Saviour Jesus Christ. Amen.



DVD: 1:1



Exercise: Licking your own elbow?!

Which of the captions best expresses your own thoughts about evangelism and faith sharing?

You might want to write your own word or phrase in an empty speech bubble.

A collection of speech bubbles for an exercise. The bubbles contain the following text:

- ...easy
- ..a job for church leaders
- ...scary
- ...unnecessary
- ...enjoyable
- ...great
- ...forcing religion down people's throats
- ...not something our church is into
- ...ok, I think!?
- ...challenging
- ...beyond me
- ... more about what you do than what you say

There are also several empty speech bubbles of various shapes and sizes for participants to write their own thoughts.

Discuss together which speech bubbles you have picked and why.



DVD: 1:2



Bible: Colossians 4:2-6

² Devote yourselves to prayer, being watchful and thankful. ³ And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains. ⁴ Pray that I may proclaim it clearly, as I should. ⁵ Be wise in the way you act toward outsiders; make the most of every opportunity. ⁶ Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

- Paul mentions prayer three times in this passage, why do you think he does this?
- What things does Paul encourage the church in Colossae to pray for?
- There is a saying ‘talk to God about your friends, before you talk to your friends about God’. What is your response to this statement?
- How easy do we find it to make the most of every opportunity?
- What do you think Paul means by “let your conversation be seasoned with salt”?



DVD: 1:3



Exercise: The Power of Prayer

Think of three to five people that you could pray for on a regular basis who are not yet committed Christians. You might like to include friends, family members, work colleagues etc. Pray that God’s love revealed in Jesus will become real to them.

<ol style="list-style-type: none"> 1. 2. 3. 4. 5.
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Prayer:

Spend some time together in silence praying for the people whose names you’ve just written down. Ask the Lord to make himself real to them.

Pray together the ‘Being Witnesses’ prayer.

Lord, help us to be witnesses through our actions and our words.

May we be faithful in prayer, gracious in service and more confident in speaking.

We ask this through Jesus Christ, our Lord and Saviour. Amen



Take away activity:

Pray regularly (daily) for the people whose names you have written down on this sheet.